



St. Joseph's Manor Family Newsletter

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Saint Joseph's Manor Kicks Off Cookout Season!



Summer is here and that means cookouts for each of our communities at Saint Joseph's Manor. The Cookout Season at St. Joseph's Manor is in full swing, beginning with Assisted Living Residents enjoying the great outdoors, food and friends. A special thank you to all the staff who work so hard insuring everyone has a wonderful experience, and for making these special outdoor events a huge success

throughout the summer!

Pastoral Care Updates:

The Feast of the Assumption of the Blessed Virgin Mary August 15th falls on a Sunday and Mass will be celebrated as usual at 10:00 AM in Redeemer Chapel.

Reminder: When participating and attending any Religious Services in Redeemer Chapel please turn OFF all cell phones/beepers and electronic devices out of respect for those in attendance and the celebrants. Thank You.

Safety is our PRIORITY!! When attending religious services please follow the directives concerning safety in Redeemer Chapel. There needs to be sufficient space between wheelchairs and rows in case of an emergency and to allow the Ministers of Communion to distribute Holy Communion to you and our residents. We appreciate your cooperating with this important issue.

alzheimer's  association

We're on the **MOVE**
to end Alzheimer's

memory  walk

The 2010 Alzheimer's Association Memory Walk will be held on Sunday, November 14th at Citizen's Bank Park. This year, St. Joseph's Manor will again be sponsoring a team. The members from team Mind Your "Manor"s would

like to invite all interested individuals to register and join us for a day of fun that helps to raise awareness and research funds to fight Alzheimer's Disease. If you are unable to join us but would like to make a donation, please see a staff member from 1 Bridge – the Evergreens.



Green Vacation tips:

1. Opt to not have linens changed daily to save water and energy.
2. Take the train! Passenger trains are one of the most eco-friendly ways to travel.
3. Buy local souvenirs and support local artists. Taking home art or cooking ingredients is much more interesting!
4. Pack a couple of water bottles instead of purchasing bottles of water everywhere you go.
5. Choose a destination with a good transit system. You can also bike or walk, which is the best way to get to know a new place!
6. How about trying a volunteer vacation? Enjoy saving hiking trails, help with endangered animal conservation, or participate in local education. Your meals and lodging may be covered in exchange for your volunteer efforts.
7. Enjoy your own area with a "Staycation!" Take public transportation and enjoy the sights.

Have a Great Green Vacation!



Come One, Come All

The St. Joseph's Manor Annual Dog Days of Summer Parade will be held on Thursday, August 19th in the Living room at 2:00 PM.

Everyone is welcome to attend this wonderful event and enjoy the four legged family members that we all cherish. Come on out and share in this fun day with us.



We have several opportunities for support and friendship with other family members. The following groups are available to you:

- The Alzheimer's Caregiver Support Group will be held on Wednesday, August 25th at 6:00 PM in the ACT Conference Room.

Please contact Christine Lebisky at 215-938-4087 for more information.